

Spa Menu

BASIC FACIAL



Theravine™ Balancing Facial

50min | R650

A deep-cleansing facial customised to gently remove surface impurities followed by a personalised mask while utilising specially aromatic botanicals for restoring balance to the skin, leaving your skin soft and restored.

Theravine™ Hydrating Facial

50min | R650

A facial designed for extreme relaxation with the aromatic scent of essential oils designed to deeply hydrate your skin, leaving you with a radiant complexion.

Theravine™ Mature Facial

50min | R700

A facial performed to firm and visibly tone the skin whilst smoothing out wrinkles. Your skin is left looking serene and the complexion more radiant and uniform.

SPECIALISED FACIAL



Theravine™ Deluxe Anti-Ageing Facial

60min | R800

The infinite replenishing treatment, assisting in reducing fine lines and wrinkles by implementing specialised boosters and serums to combat the signs of ageing. The products contain active peptides which help regenerate skin's collagen and elastin. A plasticizing paradox mask is applied to further enhance the actions of the active ingredients. A true time interceptor.

Melanovine™ Pro-Brilliance Brightening Facial

75min | R950

Combining advanced technology with the latest skin brightening research advances delivered a unique facial treatment using specialised skin care techniques to provide effective and visible brightening results. Ideal for a dull, devitalised skin with discolouration concerns, this treatment is specifically aimed at diminishing uneven skin tone while also minimizing the appearance of fine lines and wrinkles. Targeting hyperpigmentation at various levels with scientifically advanced actives and natural lightening plant extracts, this treatment will aid in a rehydrated complexion, leaving your skin looking luminous and feeling radiant.

BODY THERAPY



Theravine™ Full Body Scrub

30min | R500

A gentle, all over body exfoliation, using grapeseeds in a botanical rich body cleansing cream. Feel invigorated and revitalized as your body is polished to glowing perfection before receiving a body treatment. Uplifting aroma of Eucalyptus, Pine and Black Pepper to help unwind the body and mind as well as ease muscular aches and pains.

Theravine™ Relaxing Body Cream Wrap

60min | R850

This luxurious treatment is recommended as an anti-stress treatment, with the emphasis on total relaxation. Enter into a darkened room, with soft relaxing music and drift away as your therapist treats you to a 'never to be forgotten experience'.

Theravine™ Hair and Scalp Treatment

30min | R450

Experience self-indulgence during an ultra-relaxing, stress relieving scalp massage using a stimulating scalp tonic after which a conditioning hair oil and intensive hair mask is applied to leave your hair silky soft and shining.

SIGNATURE MESSAGES



Aromavine Relaxing Pinotage Massage

60min | R800

Tension melts away with our relaxing massage containing a synergistic blend of Cape Chamomile, Neroli and Lavender. Relax in complete tranquility.

Musculavine Deep Tissue Back Massage

30min | R600

Intensive massage and muscle reconditioning techniques are used to help relieve muscular tension, followed by the application of a refreshing circulatory gel.

Aromavine Slimming Pinotage Massage**60min | R800**

Enjoy the refreshing power of carefully selected essential oils which will enliven your total being. Bursting with the overwhelming benefits of essential oils of Lemongrass, Fennel, and Patchouli, it improves sluggish circulation, relieves water retention by eliminating toxins and decongesting the tissues. Ideal for frequent travellers.

AFRICOLOGY AROMA MESSAGES**Hot Stone Massage****60min | R850**

Heated basalt stones placed strategically on the body to heat up muscles and allow for a deep tissue relaxing massage.

Full Body Massage**60min | R800****Back, Neck & Shoulder Massage****30min | R550****Back, Neck & Shoulder Massage with Hot Stone****30min | R600****Indian Head Massage****20min | R300****HANDS & FEET****Spa Manicure****45min | R450**

Hand soak and scrub followed by nail clip and file, cuticles pushed back and tension releasing hand massage. Enamel of choice.

Spa Pedicure**45min | R500**

Foot soak and scrub, hard skin removal. Nail clip and filing, cuticle push back and a tension releasing foot massage. Enamel of choice.

Express Manicure**30min | R350**

Basic cut and filing of nails with cuticle push back. Enamel of choice.

Express Pedicure**30min | R400**

Basic cut and filing of toenails, cuticle push back and hard skin removal. Enamel of choice.

Paraffin Dip**R150****French Paint****R150****WAXES****Brow/Lip/Chin Wax****R90****Full Leg Wax****R300****Bikini Wax****R200****Brazilian Wax****R350****Hollywood Wax****R400****Arm Wax****R250****Underarm Wax****R150****Back/Chest Wax****R300**

We offer shower, steam room and sauna facilities.

Kindly enquire at Reception.